



# UPCOMING WEBINAR

**UF | IFAS**  
UNIVERSITY of FLORIDA

**SEPTEMBER 18 2019, 1-2PM**



*Chad Carr*



*Jason Sheffler*



*Wendy Dahl*

**PRODUCTION, WHOLESOMENESS, and  
SUSTAINABILITY of ANIMAL-SOURCED FOODS**

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SEPTEMBER 18, 2019 1PM-2PM

## PRODUCTION, WHOLESOMENESS, and SUSTAINABILITY of ANIMAL-SOURCED FOODS



Chad Carr



Jason Sheffler



Wendy Dahl

- Production Systems & Technologies in US Animal Agriculture
- Animal-Sourced Foods in the Diet in the Developed & Developing World
- Sustainability of US Animal Agriculture
- US Animal Welfare
- Antibiotic Resistance
- In-vitro Animal Protein



United States Department of Agriculture  
National Institute of Food and Agriculture



# The Average American

- At least three generations removed from production agriculture
- Distrust of science- but don't know who to believe
- Eat mostly away from home- convenience & they can't cook
- But a growing interest in “knowing where their food comes from”



# We are too fat, our diets aren't good & the weather is bad- Who is to blame?

- Leads to perception that American food system is broken
- Fear mongering

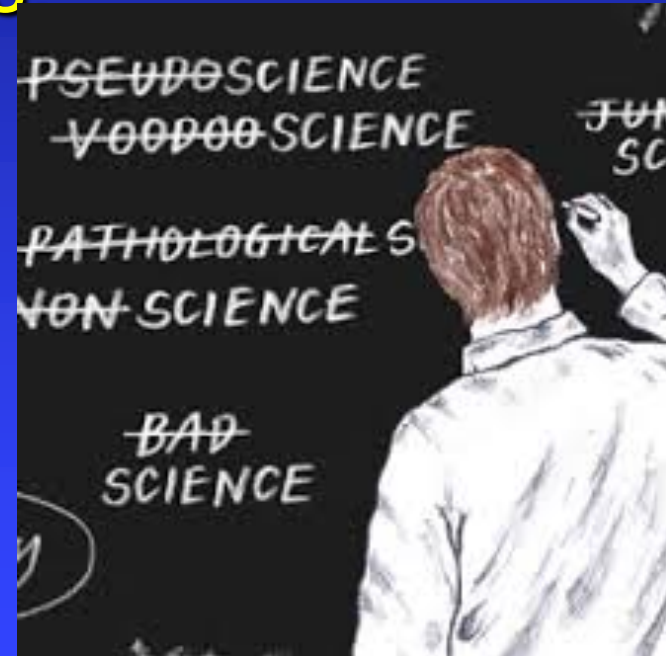


# Why people quit/reduce meat consumption?

- “Animals are treated poorly prior to slaughter”
- “It has bad stuff added or fed to it”
- “It is not sustainable/bad for the environment”
- “It is bad for me”

# What are consumers being told?

- Healthier- leaner, more desirable nutritional profile which results in less obesity, diabetes, heart disease, cancer
- Safer- less chemicals, antibiotics, hormones pesticides, herbicides
- No genetic modification
- Taste better/fresher
- Better animal welfare
- Lower environmental impact
- Pseudo-science/truthiness- “It just has to be right”



# People are passionate about food Choice is good



Slow Food Southwest Missouri Presents

## What's about ORGANIC? ORGANIC?

Menu sources: Average distance - 15.13 miles

**STARTER**  
**Panoseña-Tucson Bread & Tomato Salad**  
Bread: Old Mill Breads - Jack Dicks, Fox Grove, MO 11 mi., Tomatoes: Millers Farm, Cyris and Sarah Millip, 8.7 mi., Onions: Fairgrove Deer Farm, Dan Ridge, Springfield, MO, 3.9 mi., Basil: Millers Farm, Curtis and Sarah Millip, 8.7 mi., Garlic: Shirley Torr, Ava, MO, 33 mi.

**MAIN**  
**Roast Pork Loin with Peach & Cherry Chutney**  
Pork: Green Farm, Ryan and Casey Green, Walnut Grove, MO, 25.9 mi., Peaches: Ozark Mountain Orchards, Highmoreville, MO, 38.9 mi.

**Julienne Zucchini and Red Peppers**  
Zucchini and red bell peppers: Paul Thune, Gunter, MO, 44.6 mi.

**Sautéed Squash Blossoms**  
Sautéed Blossoms: Cook Family Farm, Nicole Perouse, 17.1 mi., Eggs: B Farm, Drew Bradley, Fordland, MO, 30 mi.

**DESSERT**  
**Blueberry Walnut Cake**  
Cake: Kays Cakes, Yvo Palmero, Springfield, MO, 10.1 mi.  
**Raw Milk Vanilla Ice Cream**  
Ice cream: B Farm, Drew Bradley, Fordland, MO, 30 mi.

Slow Food  
Southwest Missouri

whatsorganicmovie.com

### All Raw Vegan Organic DELI MENU\*

*Choice of Organic Raw Sprouted Spreads:*  
Chickpea Hummus - Carrot Hummus - Almond Herb Pate - Mock Tuna Pate  
Curry Almond Pate - Sunflower Herb Pate - Cashew Herb Pate

*Choice of Organic Raw Dressings:*  
\* Lemon Garlic Tahini \* Unami Cashew \* Pacific Asian \* Orange Sesame \*  
\* Tomato Basil \* Hot N' Spicy Tomato Basil \* Basil Vinaigrette \* Herb Vinaigrette \*

*Extra Items: Extra dressing - .75 Avocado, nut-based mustards extra - 1.00*

California Nori Roll 14.95 Collard Wrap 14.95

*All Organic Ingredients - Our goods are made with all organic ingredients. Items of interest when items are not available, we provide substitutions. Includes: carrots, cucumbers, tomatoes, sprouts & organic soy products.*

Curry Mango Nori Roll 14.95

*All Organic Ingredients - Our ingredients are made with all organic ingredients. Includes: rice, nori, avocado, carrots, tomatoes, sprouts & organic soy products.*

Nori Roll "Sushi Box" 17.95

*All Organic Ingredients - 2 items are high in protein. Includes: rice, nori, avocado, carrots, tomatoes, sprouts & organic soy products.*

Romaine Tacos 14.95

*All Organic Ingredients - Large tortilla, romaine lettuce, tomatoes, onions, avocado, sprouts, includes hot sauce or spicy tomato sauce or organic soy products.*

Crispy Testarda 14.95

*All Organic Ingredients - Our Tortilla & Mustard are both made with organic ingredients. Includes: rice, nori, avocado, carrots, tomatoes, sprouts & organic soy products.*

Mock Tuna Boat 14.95

*All Organic Ingredients - Includes: carrots, cucumbers, tomatoes, sprouts & organic soy products.*

Pizza 14.95

*All Organic Ingredients - Includes: carrots, cucumbers, tomatoes, sprouts & organic soy products.*

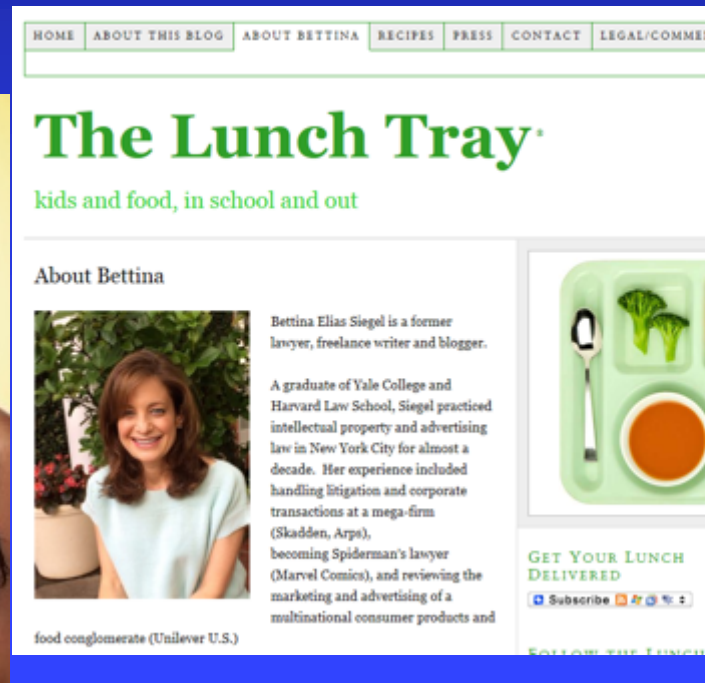
Open-Faced Sandwich 14.95

*All Organic Ingredients - Includes: carrots, cucumbers, tomatoes, sprouts & organic soy products.*

- Good to make your own opinion- but not your own facts

# Why are these products growing in popularity?

- Everyone now has a voice
- The loudest most convincing
- Food elitism
- Anthropomorphism





# Artisan is fine- but a multifaceted challenge

- A MUCH greater % will need to be farmers-pre-industrial revolution-type %
- Would impact everything
  - Environment
  - Land values
  - Urban sprawl
  - Transportation
  - Technology & manufacturing ↓



# Resources/Social Media

- <http://www.meatmythcrushers.com/>
- <https://www.coursera.org/course/meatweeat>
- <http://farmingamerica.org/agvocates-who-are-they/>
- <http://momatthemeatcounter.blogspot.com/>
- <http://sustainablebeef.org/>


# Animal Welfare

- To sell to major processors
  - ◆ All producers must be welfare & quality assurance trained



**What Housing Systems do Smithfield Sows Live in?**

- **Breeding**
  - Individual stall for 35-42 days
- **Gestation**
  - Group-pen for 67 days
- **Lactation**
  - Individual farrowing stall for 30 days



**Smithfield.**  
Good food. Responsibility.

# Growth Promotants/Implants

- No growth promoting hormones with pigs or chickens- only cattle & sheep
- Why use implants?
  - ◆ Increase weight gain
    - ◆ \$\$\$\$\$
  - ◆ Increase feed efficiency
    - ◆ feed less to get a lb. of gain
  - ◆ Lower production costs
  - ◆ Lower carcass fat percentage
    - ◆ anabolic agent ↓ fat ↑ protein



# Human Estradiol Production


	Estradiol Produced /day
Boys	41,000 nanograms
Girls	43,000 - 54,000 nanograms
Adult Male	168,000 nanograms
Non-Pregnant Female	20,000,000 nanograms
Pregnant Female	4,000,000 - 64,300,000 nanograms

One Birth Control Pill contains the same amount of estrogen as 125,000 lbs of beef from implanted steers.

# Estrogen Content

	Estrogen/100 grams
Untreated Steer	1.1 nanograms
Implanted Steer	1.4 nanograms
Untreated Heifer	1.3 nanograms
Pregnant Heifer	21.9 - 55.6 nanograms
Cabbage	2,400 nanograms
Peas	400 nanograms
Wheatgerm**	1,013 nanograms
Soybean oil**	189,133 nanograms
Milk**	13.6 nanograms

Nanogram = 1 billionth of a gram



4 oz. serving raw Cabbage  
2,700 nanograms Estrogen

4 oz. serving raw Peas  
454 nanograms Estrogen

4 oz. serving Potato  
300 nanograms Estrogen

4 oz. serving Beef  
1.6 nanograms Estrogen



# Beta Agonists

- Organic molecules similar to norepinephrine and epinephrine that bind to a Beta-adrenergic receptor to produce a biological effect
- Improves feed efficiency and % meat yield
- Ractopamine (RAC) & Zilpaterol hydrochloride (ZIL)
  - ◆ RAC- Beef and pigs- use reduced non-tariff barrier China
  - ◆ ZIL- not currently used in US beef industry

# Antibiotics

- **Why use antibiotics?**
  - ◆ **To treat disease**
  - ◆ **To prevent disease**
  - ◆ **Increase rate and efficiency of growth**

# Antibiotics

- How are antibiotics administered?
  - ◆ Therapeutic antibiotics are injectable and given only if animal has clinical signs of illness
  - ◆ Sub-therapeutic antibiotics are included within the feed or water source
    - ◆ Only generally offered at times of extensive stress (weaning and/or transportation between production stages)
  - ◆ Growth promoting antibiotics
    - ◆ Coccidiostats- poultry
    - ◆ Ionophores- cattle- Antibiotics not used in humans
    - ◆ Tylosin- Feedlot cattle- prevent liver abscesses
  - ◆ All have mandated withdrawal times prior to slaughter

# Antibiotics

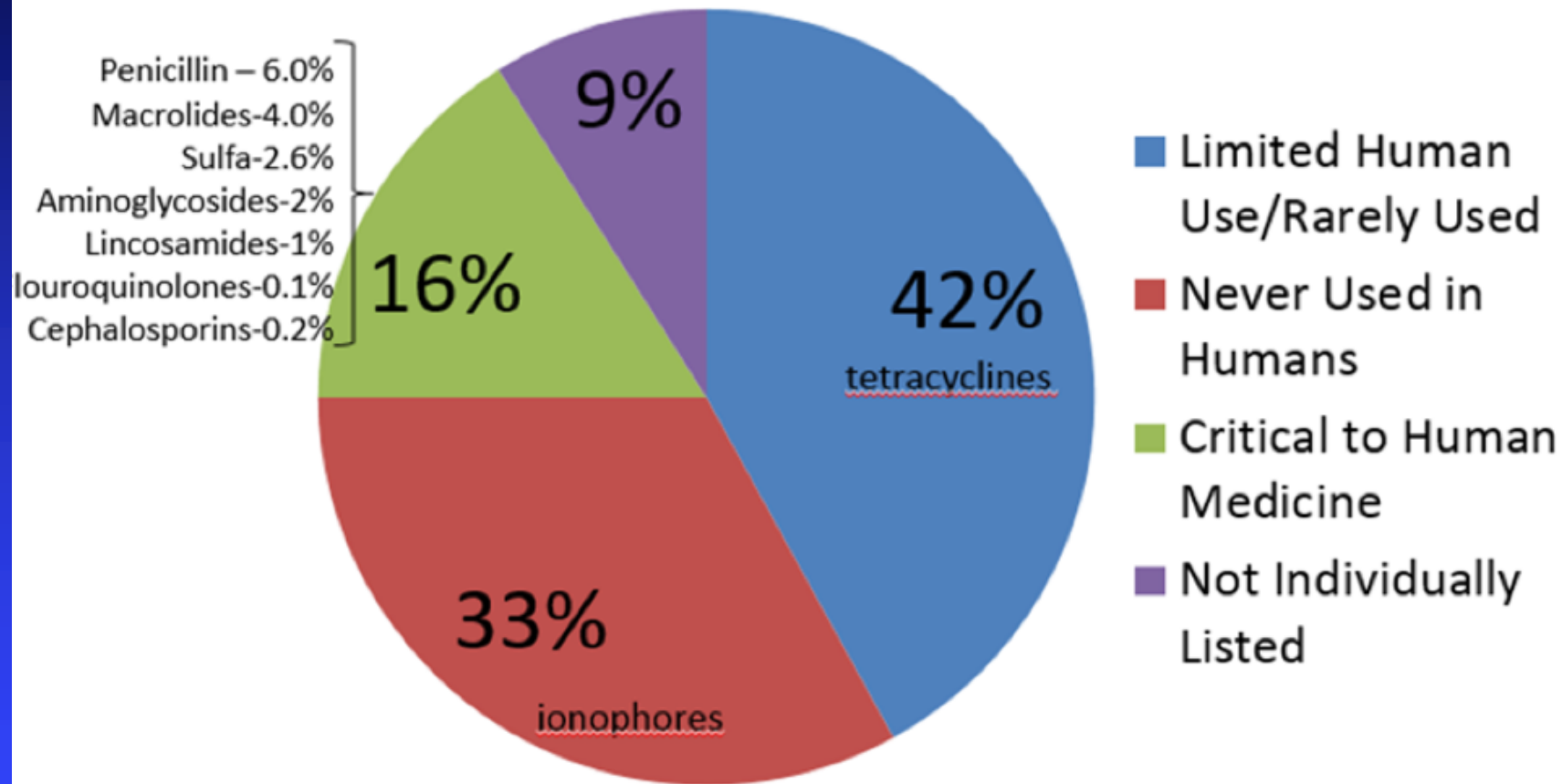
- Withdrawal time

- ◆ Amount of time required for medication to be metabolized, broken down or excreted so residue levels are below safe levels set for human consumption
- ◆ Adherence not problem
- ◆ Set through research and government regulations
- ◆ Included in medication records

# Antibiotics

- **Antimicrobial resistance- complicated**
- **Only 16% of livestock antibiotics used in human medicine**
- **Livestock industry should continue judicious therapeutic use of penicillin and tetracycline - because of human use**

# Antibiotics Sold for Animals – Key Categories



Source-

<https://www.fda.gov/downloads/forindustry/userfees/animaldruguserfeeactadufa/ucm588085.pdf>

# US FDA- VFD

- Veterinary Feed Directive- Jan 2017
  - ◆ No impact on injectable antibiotics, rather only those included in feed or water.
  - ◆ Disallows the use of antibiotics for growth promotion and encourages the judicious use of medically important feed-grade antibiotics.

# Subtherapeutic Antibiotic Ban

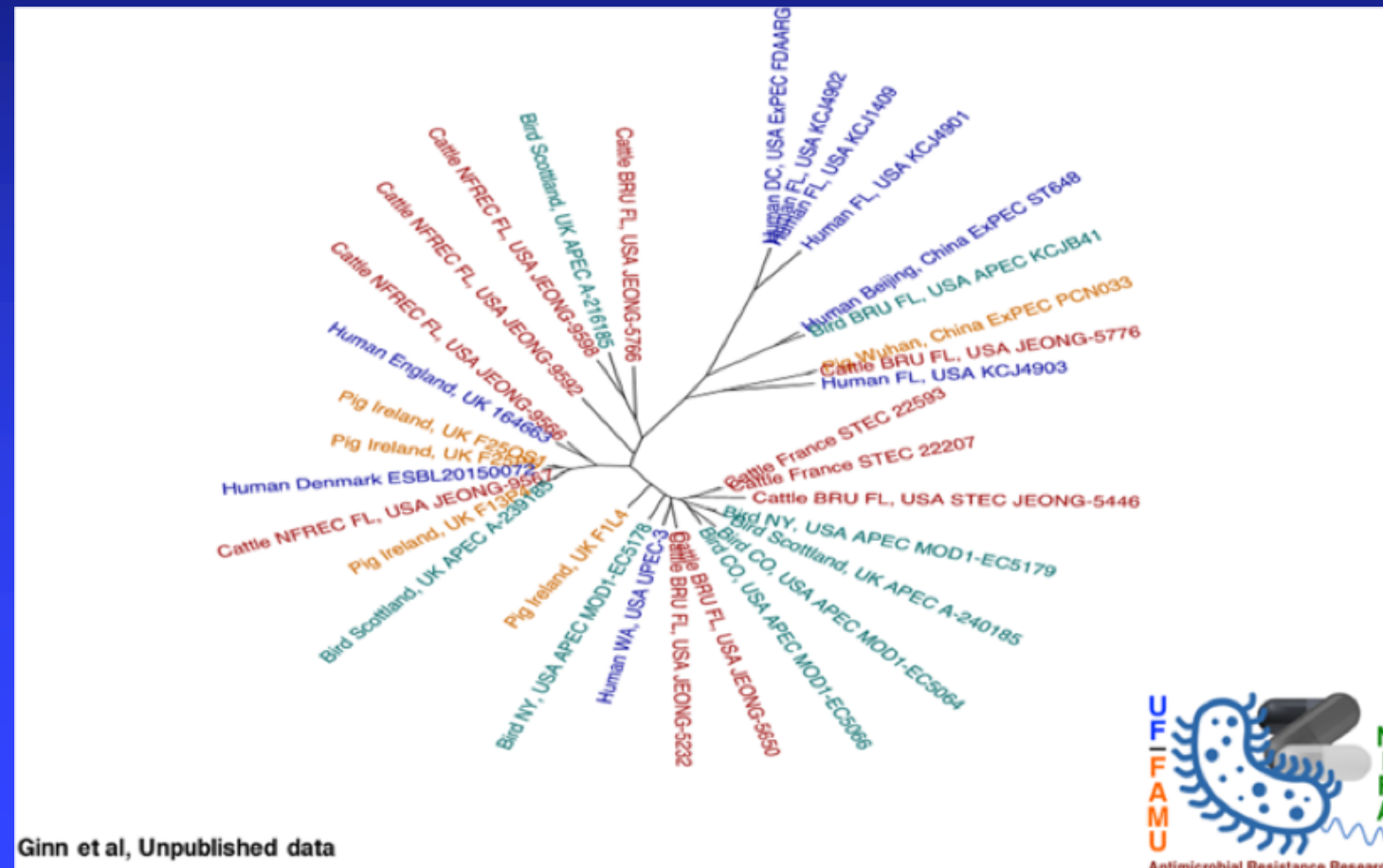
- Denmark: 1999-Banned growth-promoting antibiotics in pork and poultry production
  - ◆ Disease and death in animals rose
  - ◆ Required more therapeutic antibiotics
  - ◆ Did not decrease antibiotic resistance in humans or improve human health
- Netherlands: 2006- Banned growth-promoting antibiotics in pork and poultry production
  - ◆ Initially same as Denmark-, but now decreasing
  - ◆ The *Salmonella typhimurium* isolated from cattle, hogs, and people have become less resistant to antibiotics since 2006.



# UF AMR Work

- Over 92% of the calves tested positive for expressing ESBLs at least once during the first year of life, despite never being exposed to any antibiotic. (Mir et al., 2018).
- It is possible that the pathogens could have developed ESBLs through natural evolution of the microbiota in the soil on this farm as described in permafrost (D'Costa, et al., 2011). It is also possible ARMs could have been introduced into the soil via vectors such as contaminated bird droppings or municipal wastewater effluents.

- Similar to pathogenic E.Coli identified from a pig in China, a human with foodborne illness in Florida, cattle at the University of Florida beef farm, and a bird at the same farm (Ginn et al., unpublished).

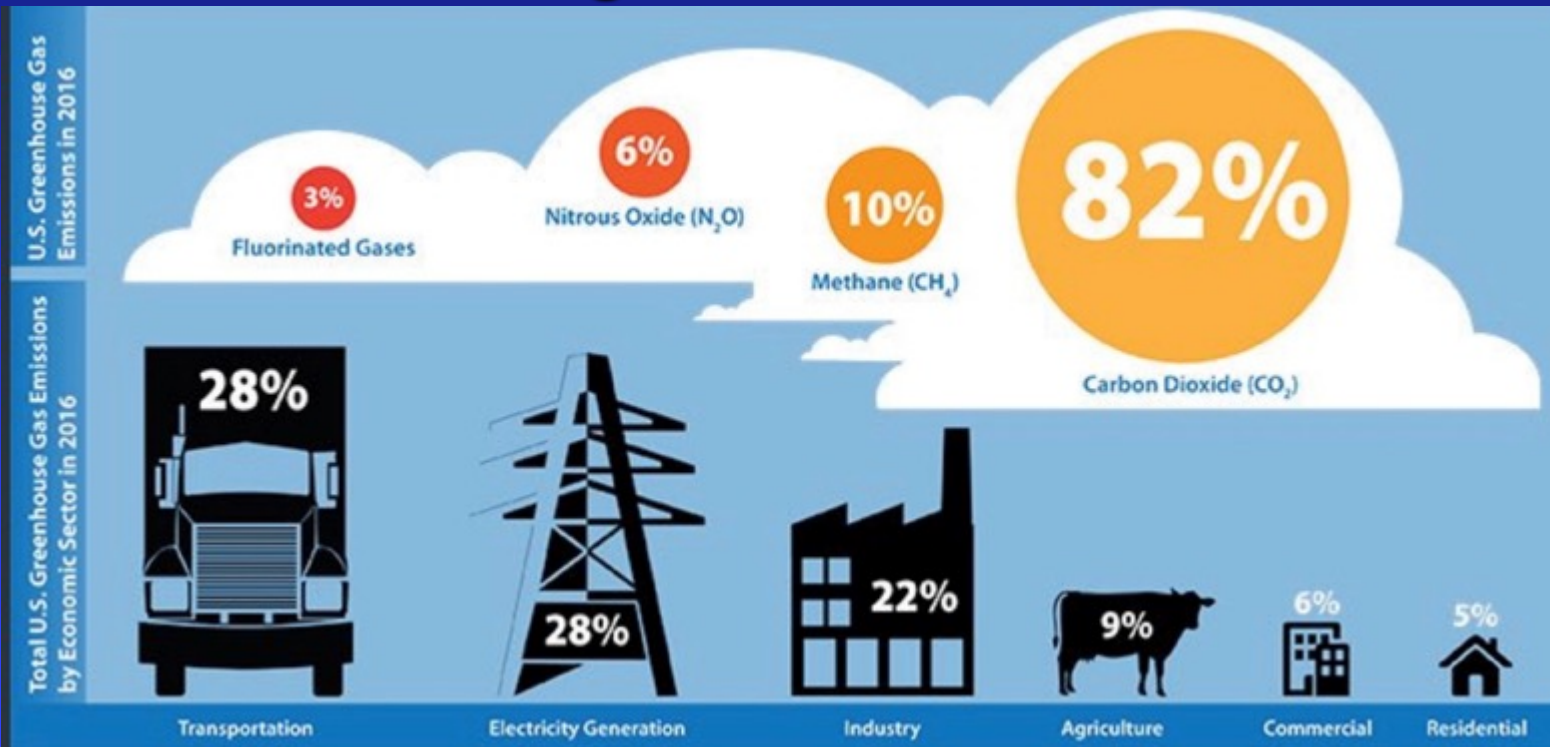


# Sustainability

- Wikipedia definition- The capacity to endure
- Pew Commission Definition, 2008- Management to be maintained indefinitely
- Now, sometimes perceived within organic/natural/locavore movement
  - ◆ natural, green, organic, locally grown, small farm, humanely treated, climate saving, environmentally friendly, small carbon footprint, energy-saving, free range, fair trade, fair worker treatment, socially responsible and corporate responsibility
- Carbon footprint of animal greater than plant

# EPA

## ■ US Animal Agriculture- 3.9%



# Carbon Footprint per lb of Beef

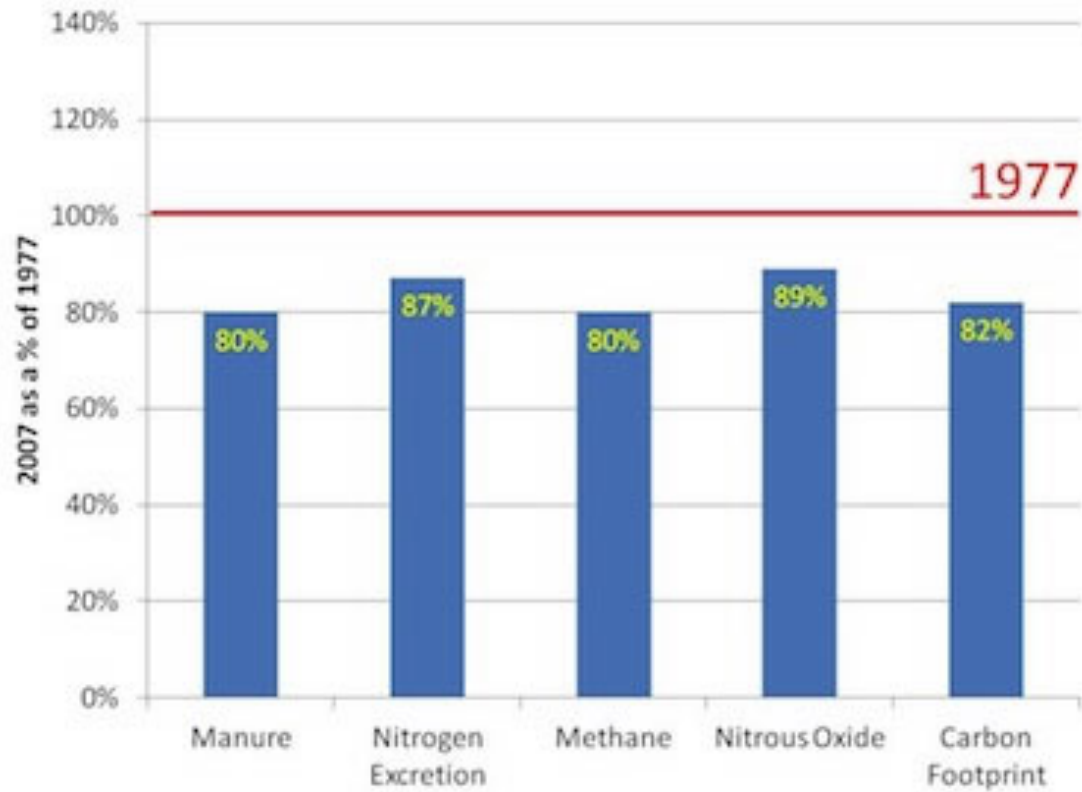
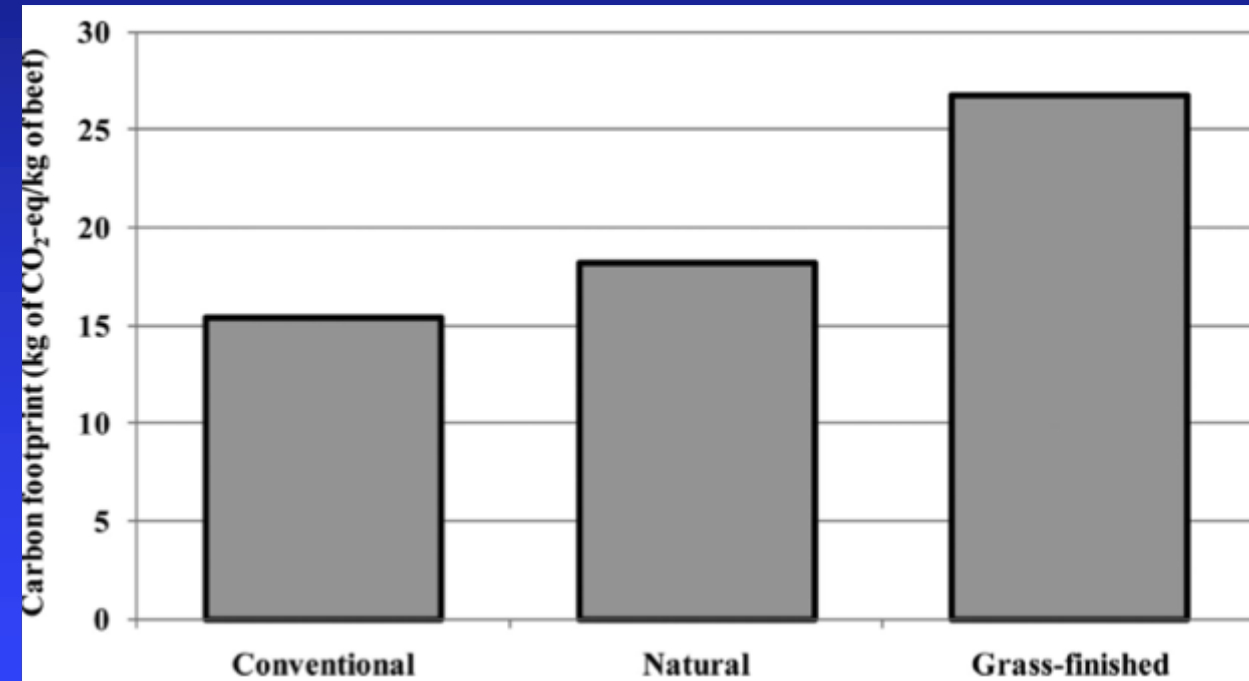


Figure 2. Comparison of Environmental Impact per pound of Beef in 2007 vs. 1977.



# Capper et al. 2010

Each pound of beef produced in 2007 used

- 10 percent less feed energy
- 20 percent less feedstuffs
- 30 percent less land
- 14 percent less water
- 9 percent less fossil fuel energy
- 18 percent decrease in total carbon emissions (methane, nitrous oxide and carbon dioxide)

Than the beef produced in 1977

# Animal-sourced Food for Thought



Scottish Highlands, May 2019

**Dr. Wendy Dahl**

Associate Professor and Nutrition Extension  
Specialist

UF/IFAS Food Science & Human Nutrition  
wdahl@ufl.edu

# Dietary patterns and risk of chronic disease...it's complicated

“Most [published nutrition research] assumes disease risk is modulated by the most abundant substances; for example, carbohydrates or fats...

...food preparation methods (*e.g.*, red meat cooking) may be influential.

Risk may vary by an individual's genetic background, metabolic profile, age, or environmental exposures.”



Ioannidis JPA. **The Challenge of Reforming Nutritional Epidemiologic Research.** JAMA. 2018;320:969-970.



# Is it all about meat?

- Do meat-eaters have different health outcomes compared to non-meat-eaters due to differences in dietary intakes beyond meat? Is it diet quality?
- EPIC-Oxford study of 30,239 participants categorized: regular meat eaters vs. low and non-meat-eaters

Papier et al. *Nutrients*. 2019 Apr 11;11(4). pii: E824.

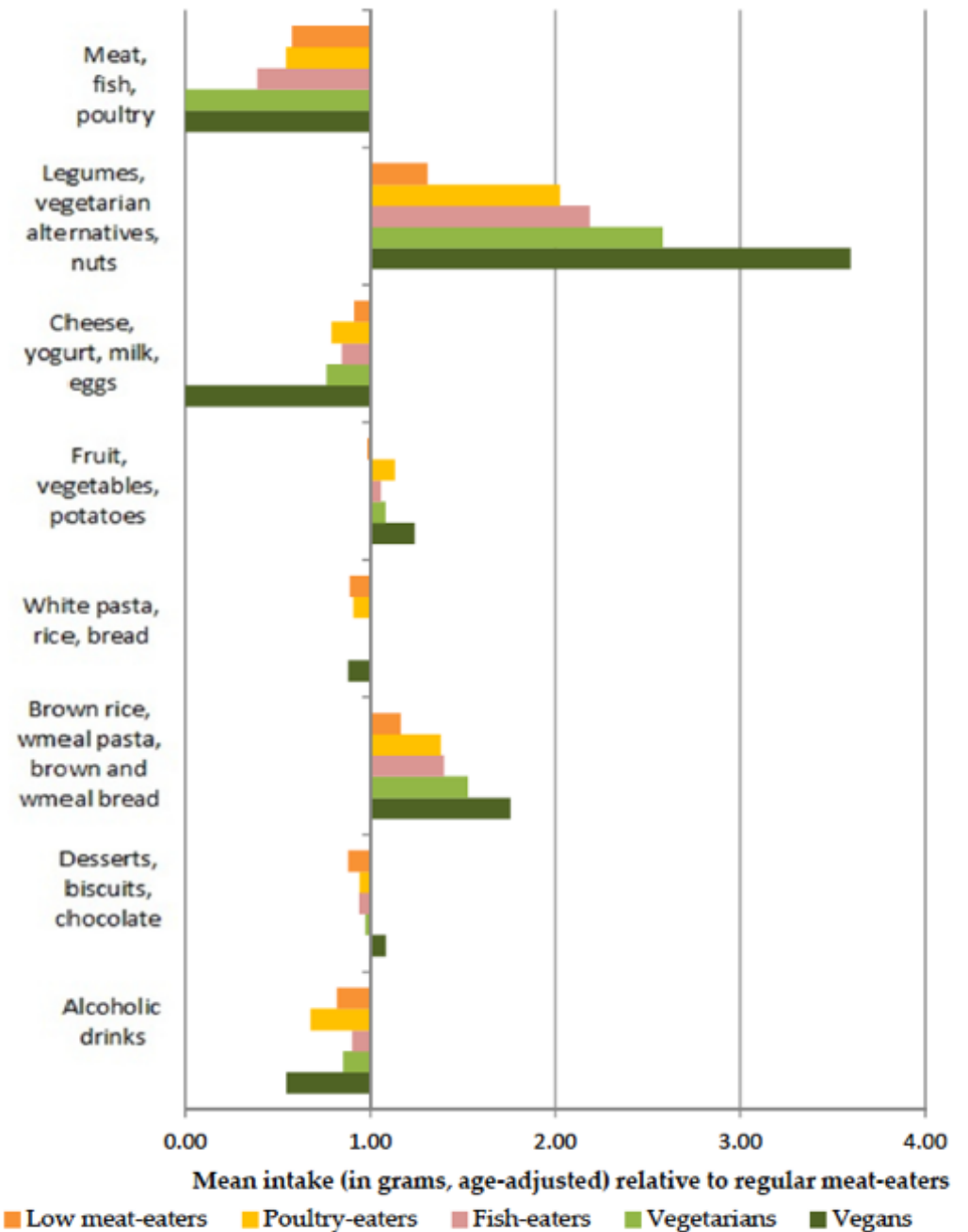


Figure 1. Relative age-adjusted mean (g) consumption of foods in low meat-eaters, poultry-eaters, fish-eaters, vegetarians and vegans compared to regular meat-eaters among men.

# Health benefits of plant-based dietary patterns

- Mediterranean-type, Dietary Approach to Stop Hypertension (DASH) and the Mediterranean-DASH diet Intervention for Neurodegenerative Delay (MIND) diets and Anti-inflammatory diets associated with slower cognitive decline.
- What benefits the brain, benefits the heart and the kidneys...
- Plant-based dietary patterns that have lower consumption of processed foods.
- Plant-based dietary pattern vs. vegetarian vs. vegan

Chen et al. J Alzheimers Dis. 2019;67(2):583-619; Rees et al. Cochrane Database Syst Rev. 2019 Mar 13;3:CD009825; Kim et al. Clin J Am Soc Nephrol. 2019 May 7;14(5):682-691

# DASH diet

- Low fat, low sodium – higher calcium, magnesium, potassium and fiber.
- “Retains effectiveness to reduce blood pressure when lean pork is substituted for chicken and fish as the predominant source of protein”

Sedentary, Woman, Age 32	Calorie Needs: 1,800
Grains	6 servings
Vegetables	4-5 servings
Fruits	4-5 servings
Fat-Free or Low-Fat Dairy	2-3 servings
Lean Meats, Poultry or Fish	6 or less
Nuts, Seeds, Legumes	4 per week
Fats & Oils	2-3
Sweets/Added Sugars	5 or less per week

Sayer et al. Am J Clin Nutr. 2015 Aug;102(2):302-8.

# Diet Quality

A measure of adherence to the Dietary Guidelines of Americans

Recommended Eating Patterns:

- **Healthy US Style:** 26 oz animal-sourced (meat, poultry and eggs) + 8 oz seafood
- **Healthy Mediterranean Style:** 26 oz (animal sources) + 15 oz seafood
- **Healthy Vegetarian:** includes eggs and higher dairy

## HEI-2015<sup>1</sup> Components and Scoring Standards

Component	Maximum points	Standard for maximum score	Standard for minimum score of zero
<b>Adequacy:</b>			
Total Fruits <sup>2</sup>	5	≥0.8 cup equivalent per 1,000 kcal	No Fruit
Whole Fruits <sup>3</sup>	5	≥0.4 cup equivalent per 1,000 kcal	No Whole Fruit
Total Vegetables <sup>4</sup>	5	≥1.1 cup equivalent per 1,000 kcal	No Vegetables
Greens and Beans <sup>4</sup>	5	≥0.2 cup equivalent per 1,000 kcal	No Dark-Green Vegetables or Legumes
Whole Grains	10	≥1.5 ounce equivalent per 1,000 kcal	No Whole Grains
Dairy <sup>5</sup>	10	≥1.3 cup equivalent per 1,000 kcal	No Dairy
Total Protein Foods <sup>4</sup>	5	≥2.5 ounce equivalent per 1,000 kcal	No Protein Foods
Seafood and Plant Proteins <sup>4,6</sup>	5	≥0.8 ounce equivalent per 1,000 kcal	No Seafood or Plant Proteins
Fatty Acids <sup>7</sup>	10	(PUFAs + MUFAs) / SFAs ≥2.5	(PUFAs + MUFAs)/SFAs ≤1.2
<b>Moderation:</b>			
Refined Grains	10	≤1.8 ounce equivalent per 1,000 kcal	≥4.3 ounce equivalent per 1,000 kcal
Sodium	10	≤1.1 grams per 1,000 kcal	≥2.0 grams per 1,000 kcal
Added Sugars	10	≤6.5% of energy	≥26% of energy
Saturated Fats	10	≤8% of energy	≥16% of energy

<sup>1</sup> Intakes between the minimum and maximum standards are scored proportionately.

<sup>2</sup> Includes 100% fruit juice.

<sup>3</sup> Includes all forms except juice.

<sup>4</sup> Includes legumes (beans and peas).

<sup>5</sup> Includes all milk products, such as fluid milk, yogurt, and cheese, and fortified soy beverages.

<sup>6</sup> Includes seafood; nuts, seeds, soy products (other than beverages), and legumes (beans and peas).

<sup>7</sup> Ratio of poly- and mono-unsaturated fatty acids (PUFAs and MUFAs) to saturated fatty acids (SFAs).

# Malnutrition: A global perspective

- 52 million children < 5 y are wasted (low weight-for-height)
- 17 million are severely wasted
- 155 million are stunted (low height for age)
- 41 million are overweight or obese
- 45% of deaths among children < 5 y related to undernutrition.

<https://www.who.int/news-room/fact-sheets/detail/malnutrition>



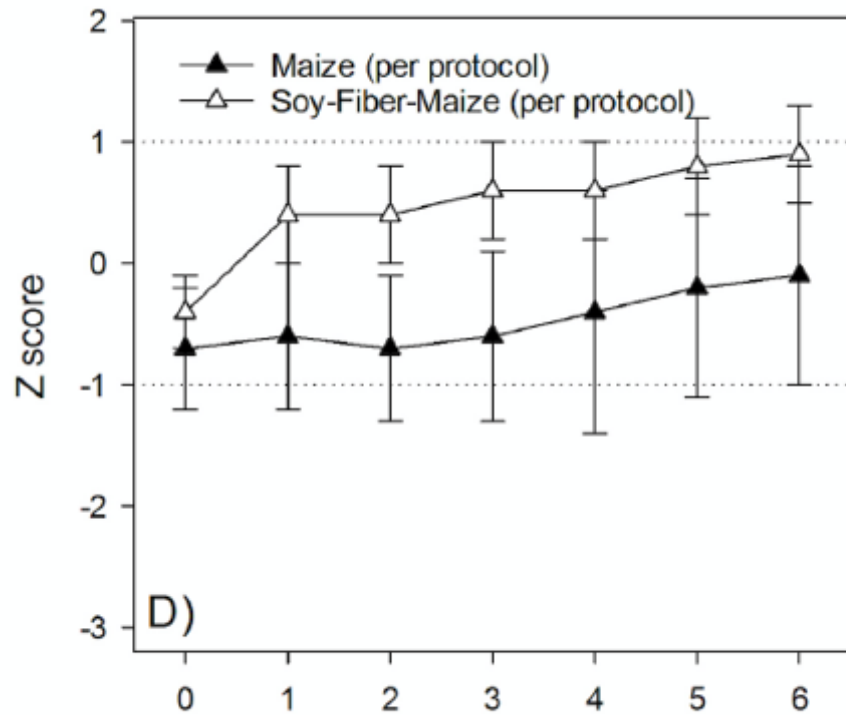
# Diet of Rural Malawian Infants and Children



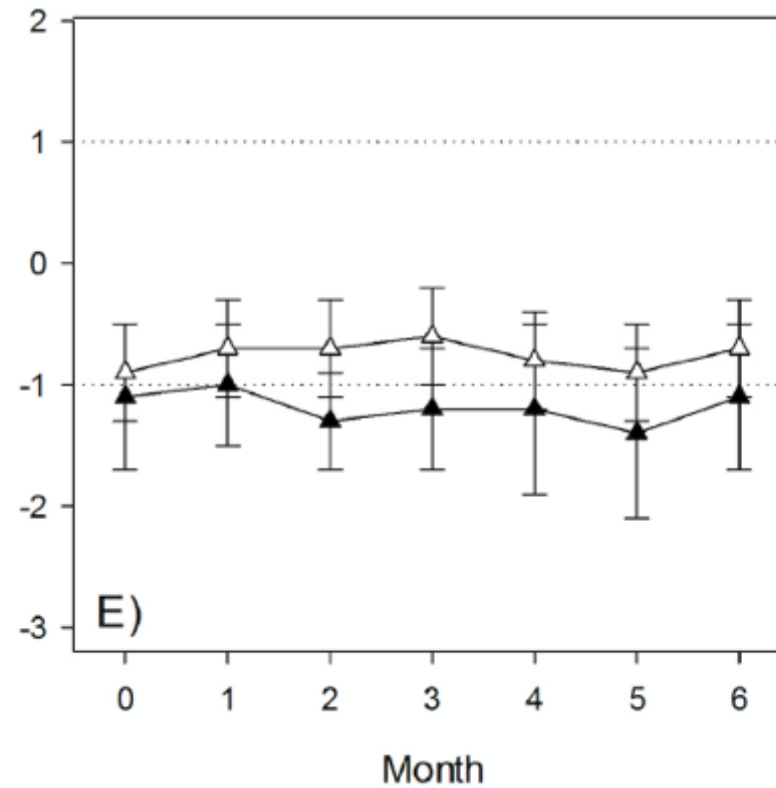
- Complementary foods included maize porridge and some fish broth, bean broth and insects (rainy season).
- No meat, poultry or fish, no nuts, no vegetables – little fruit. (Note: dairy is not consumed by adults or children)
- We studied infants/children 6 mo - 3 y of age - intervention to increase protein and fiber (soy+maize)

# Too little to late...

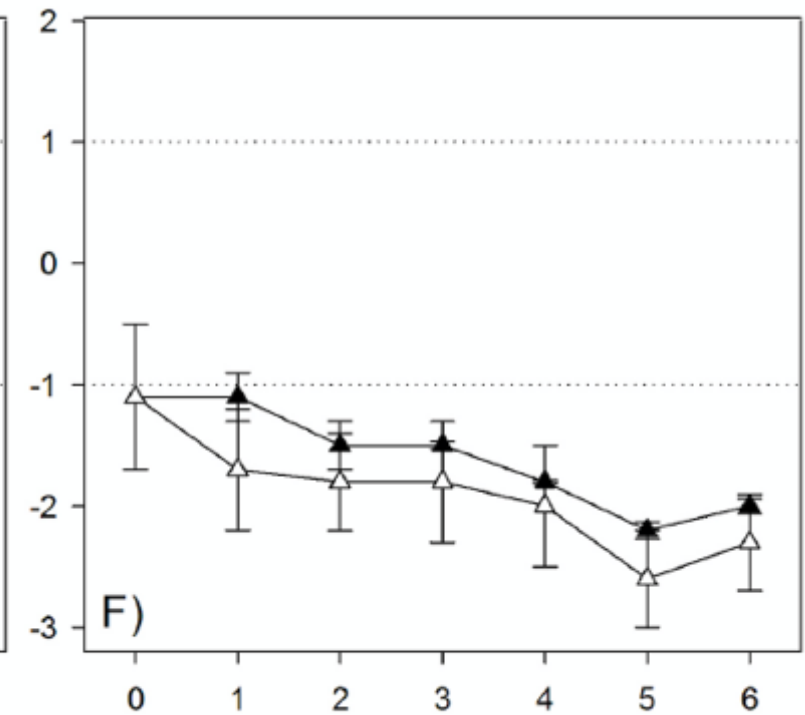
Weight for Height



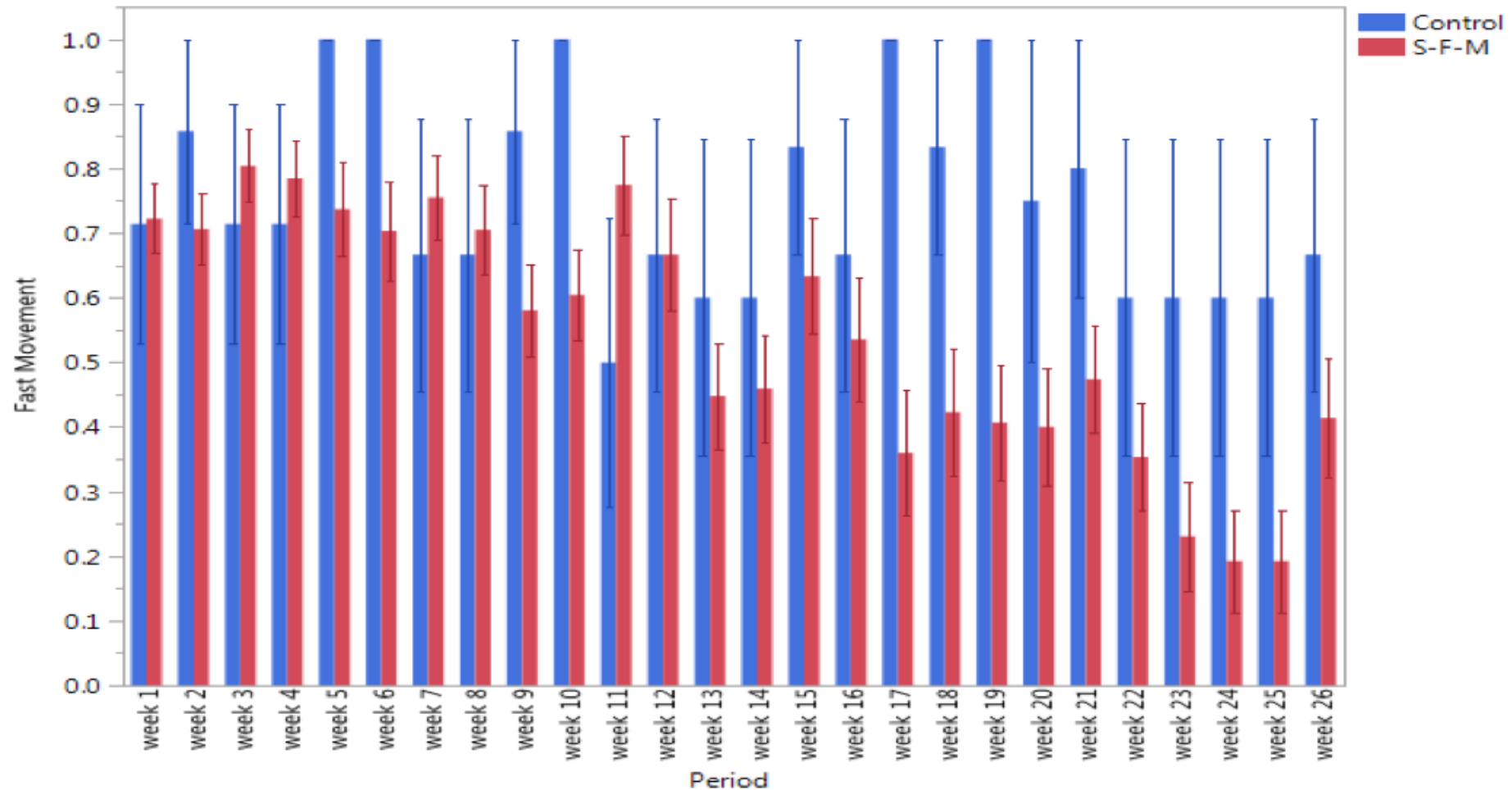
Weight for Age



Height for Age



# Diarrhea: Is diet diversity or quality important?





# Animal-sourced Foods

Challenges to consider...

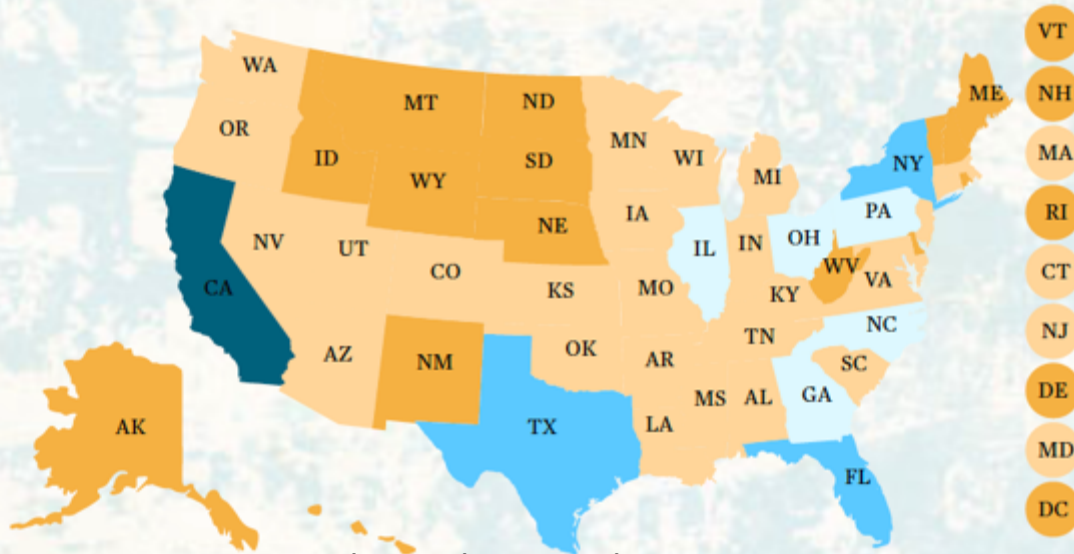
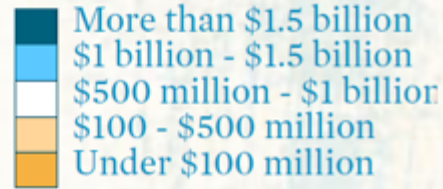
- Affordability when many live on < \$1 USD/day
- Changing dietary habits/taboo
- Unexpected consequences *e.g.* increased diarrhea rates in children with chicken ownership



# A Florida Perspective

## Malnutrition

Malnutrition is thought of as a distant issue - but this condition often goes hand-in-hand with eight chronic diseases, and it costs the U.S. \$15.5 billion annually in direct medical costs.\*



<https://avalaunchmedia.com/inter/Abbott/malnutrition.html>



COAST

1. Have you lost weight recently without trying?  
Yes  
No
2. Have you been eating less food because of a decreased appetite?  
Yes  
No
3. Do you have an illness or condition that has made you change the kind and/or amount of food you eat?  
Yes  
No
4. In general, how healthy is your overall diet?  
Poor  
Good  
Very good
5. Do you consume...
 

• Dairy products (milk, cheese, yogurt) or soy milk at least once a day?	Yes	No
• Meat, poultry (e.g. chicken), fish/seafood, or eggs every day?	Yes	No
• Legumes (e.g. beans), soy products, nuts, or seeds at least twice a week?	Yes	No

# Are older adults getting enough protein?

- Recommended Dietary Allowance (RDA) for protein considered suboptimal for older adults due to age-related changes.
- Higher protein intake is associated with a reduced risk for sarcopenia and increased strength.
- About 25% of community-dwelling older adults, particularly women, have inadequate protein intake.

Landi et al 2016; Isanejad et al 2016; Mishra et al 2018; Bauer et al 2013; ter Borg et al 2013



# What is the impact of a high protein diet on general wellness in older women?

A high protein diet, in keeping with the acceptable macronutrient distribution ranges (AMDR) and provided intermittently over 18 weeks to older women.

- Improved muscle mass
- Indicators of wellness were unchanged
- Microbiota profile relatively stability



Ford et al. pending publication

# Conclusions

- Dietary patterns currently recommended in the US include animal-sourced foods.
- Plant-based diets, with moderate intakes of animal-sourced foods and an emphasis on high diet quality, promote health and wellness.
- Specific needs of differing populations (developing vs developed world) and sub-groups (older adults, disease states, infants etc.) within the larger population need to be considered when making recommendations.



# Cell cultured meat: current status and future implications



Jason Scheffler, PhD  
University of Florida  
Department of Animal Sciences



TECH & SCIENCE

# SYNTHETIC HAMBURGER READY FOR SALE WITHIN FIVE YEARS

BY NICK WINCHESTER ON 10/16/15 AT 2:45 PM EDT



Mark Post holding the world's first lab-grown hamburger during a launch event in London, August 5, 2013. The burger's manufacturers said this week that they hope their product will be readily available within five years.

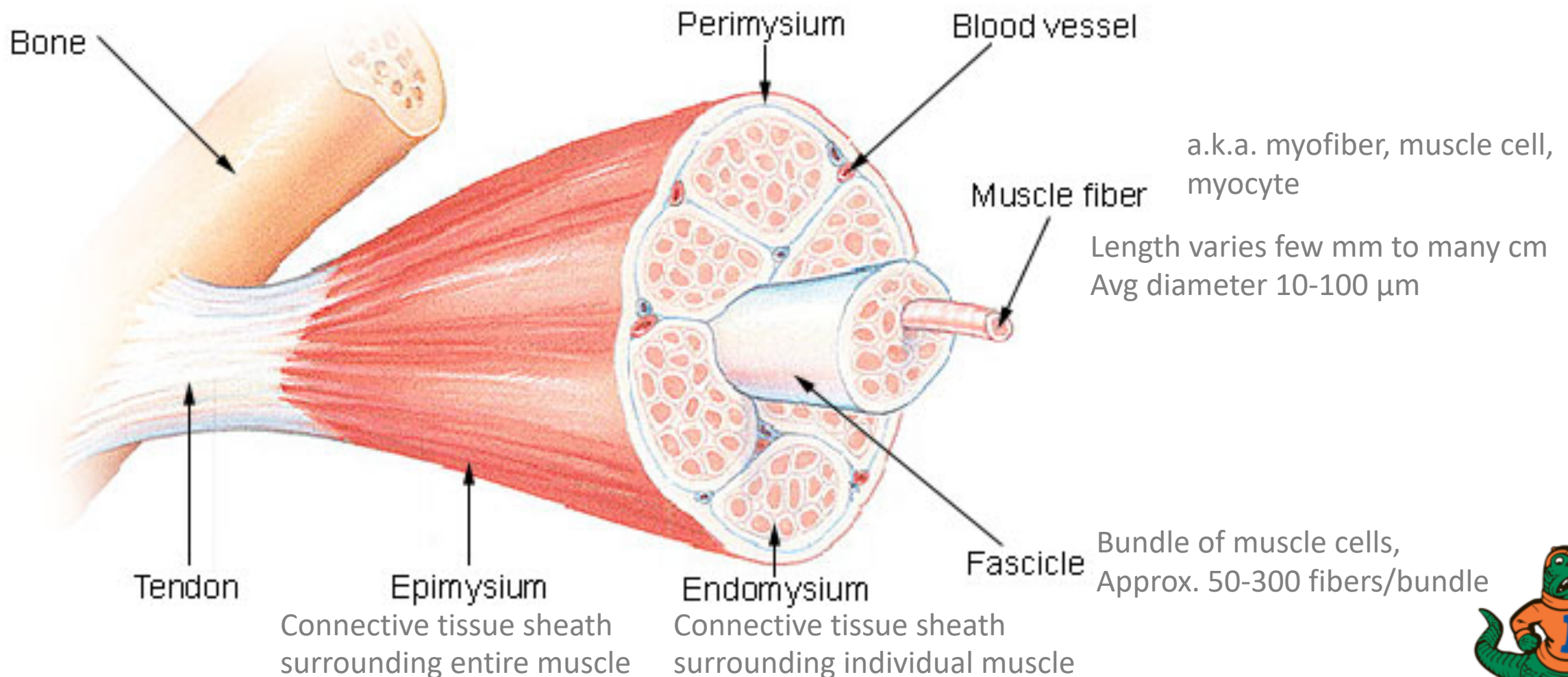
DAVID PARRY/REUTERS



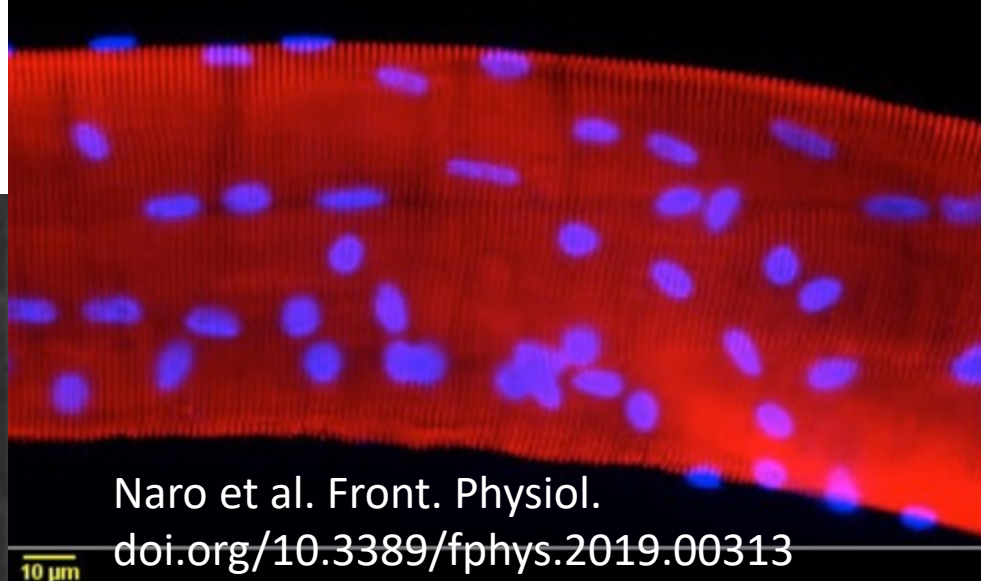
# Skeletal muscle is a heterogeneous tissue

## Structure of skeletal muscle

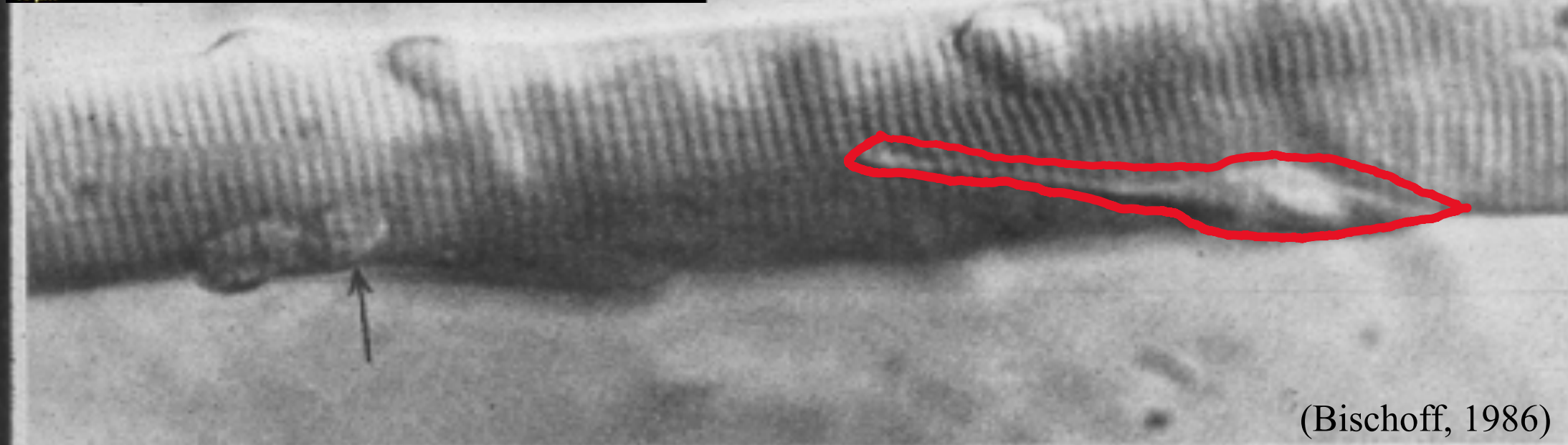
Connective tissue sheath surrounding entire muscle  
Marbling (intramuscular fat) located within perimysium, between and around bundles







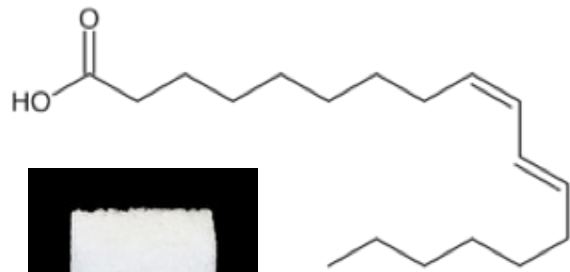
Naro et al. Front. Physiol.  
doi.org/10.3389/fphys.2019.00313



(Bischoff, 1986)

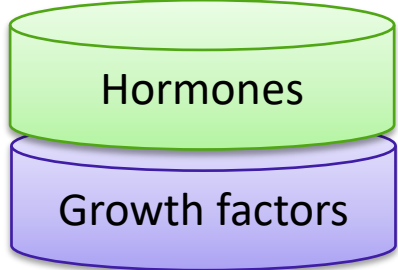
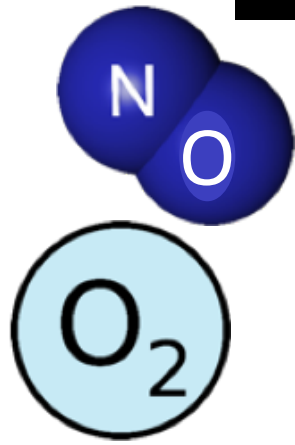
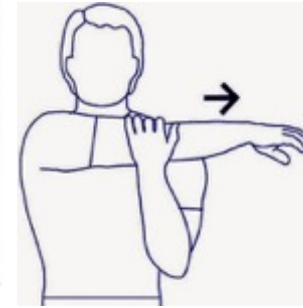
FIG. 2. Interference contrast micrograph of presumptive satellite cell in cultured muscle fiber. The satellite cell is on the lower right edge of the muscle fiber. The arrow refers to the former end plate which was located by iontophoretic application of ACh;  $\times 1,000$ .



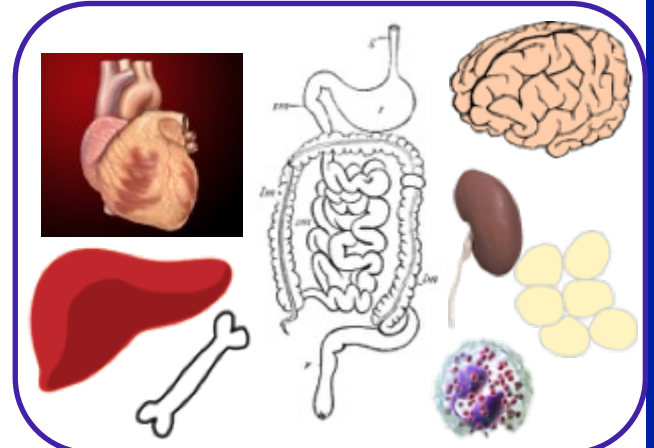
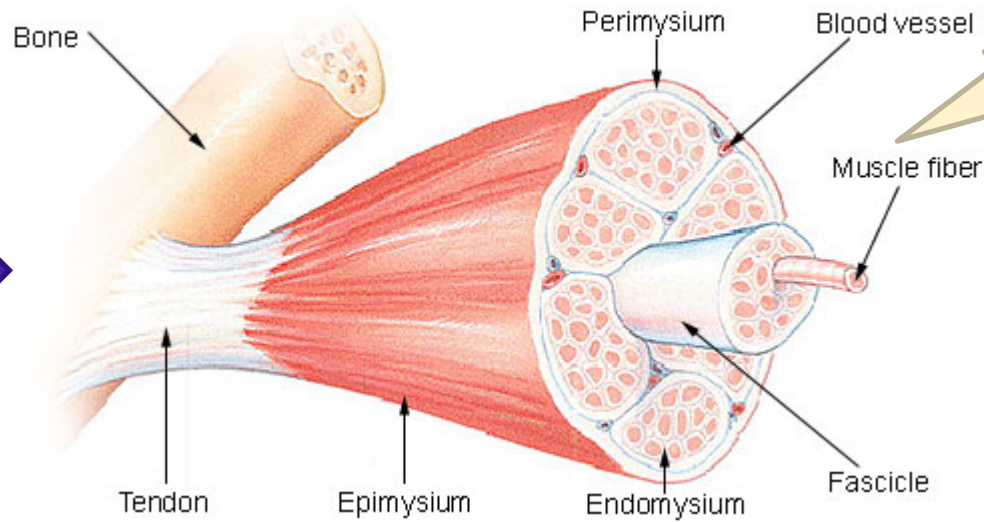


Periodic Chart of Amino Acids  
www.bachem.com

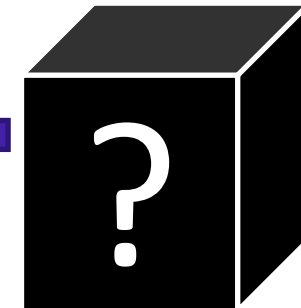
His Histidine	Asp Aspartic Acid
Arg Arginine	Glu Glutamic Acid
Phe Phenylalanine	Gln Glutamine
Ala Alanine	Cys Cysteine
Leu Leucine	Gly Glycine
Met Methionine	Ser Serine
Asn Asparagine	Tyr Tyrosine
Lys Lysine	Thr Threonine
Ile Isoleucine	Pro Proline
Trp Tryptophan	Val Valine
	Ser Selenocysteine



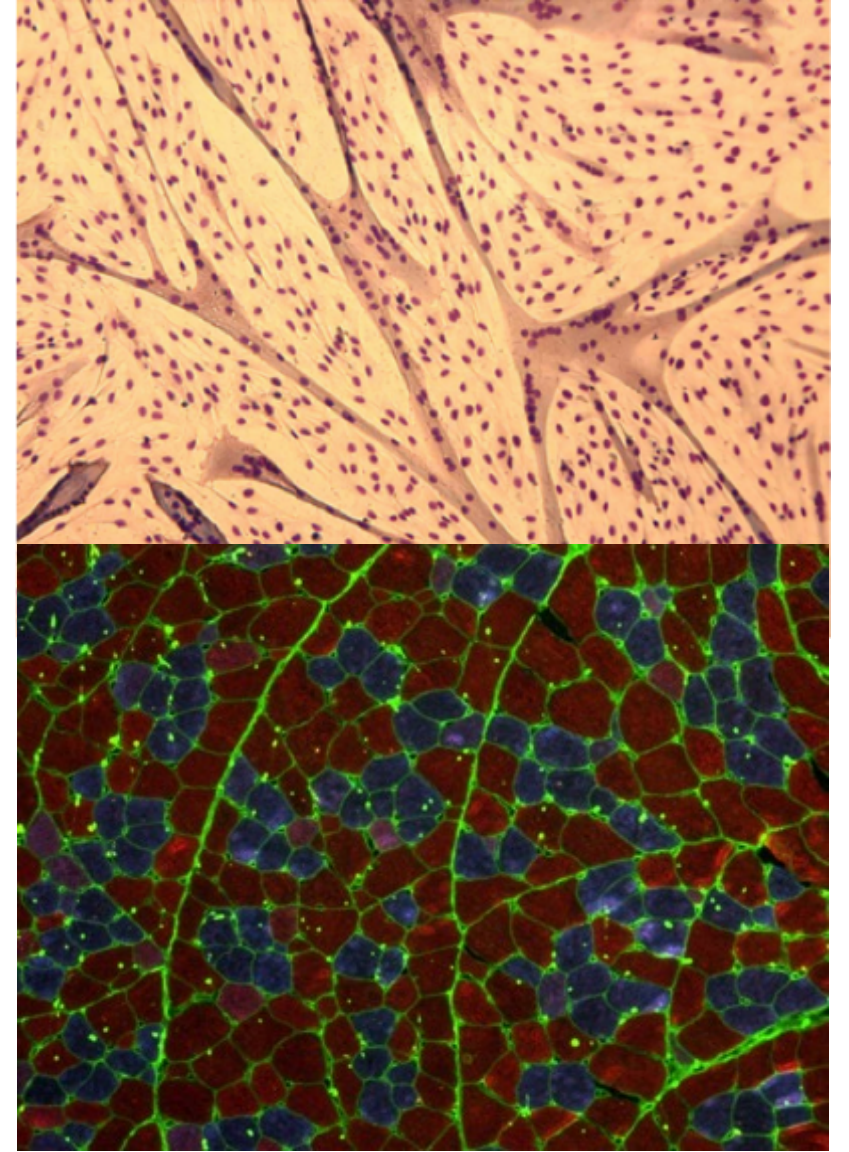
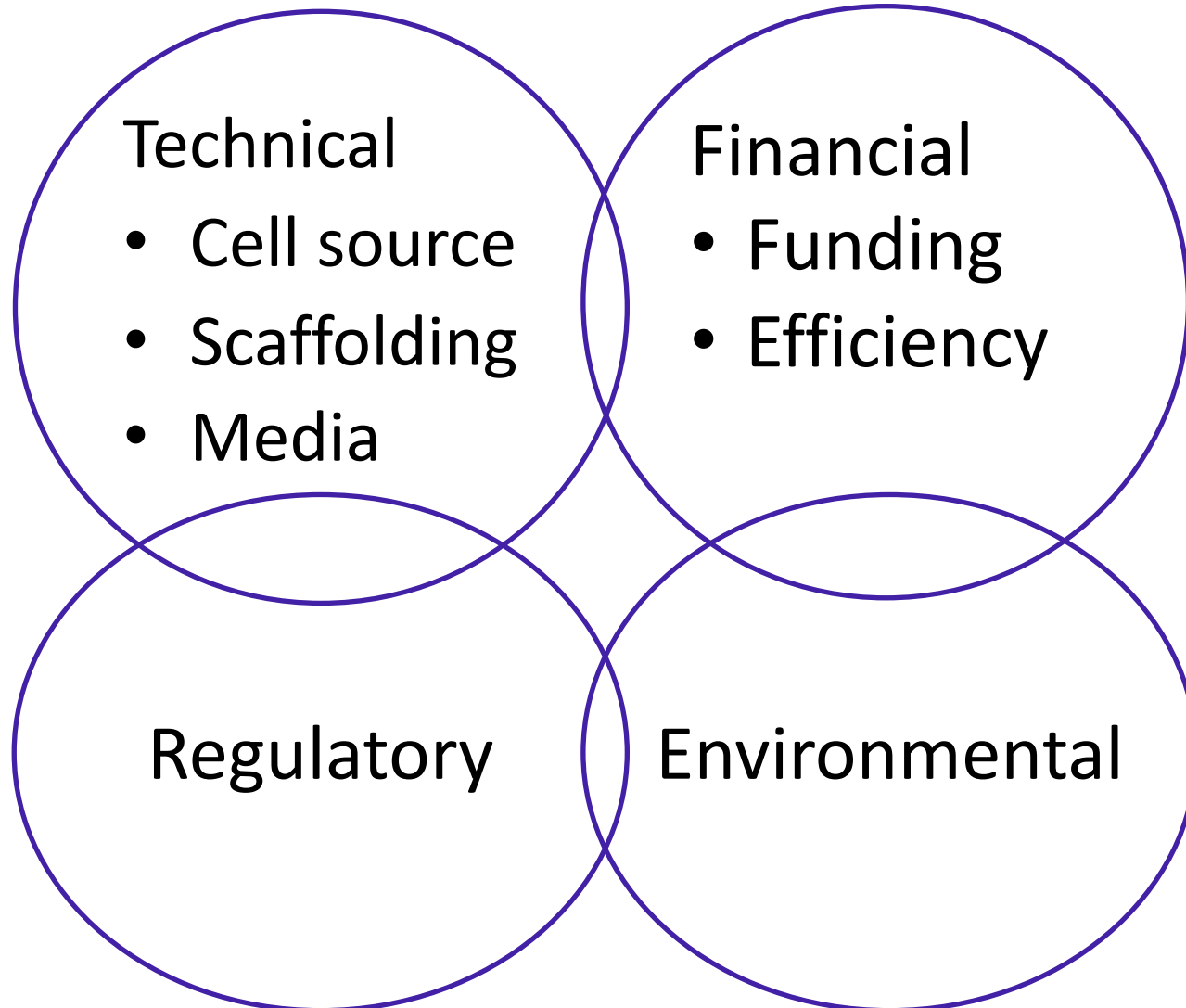
**Structure of a Skeletal Muscle**



This Photo by Unknown Author is licensed under CC BY-SA

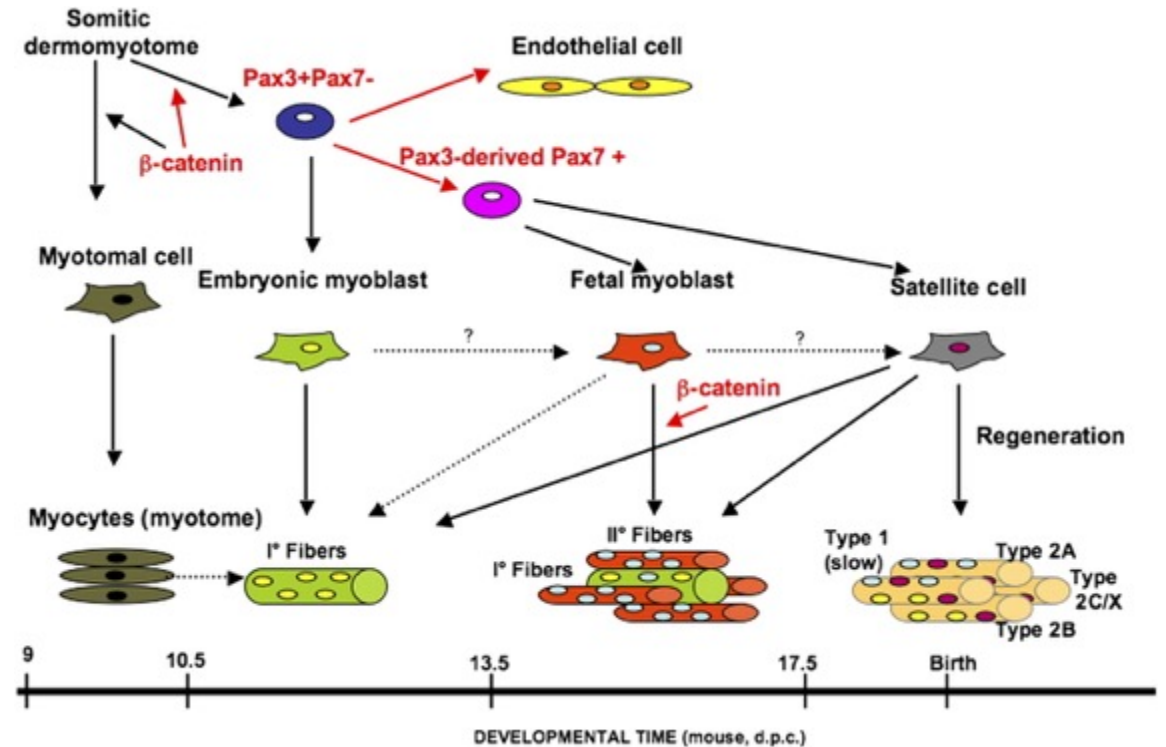


# Major hurdles for cell culture



# Where do the starting cells come from?

- Satellite cells
  - Derived from living animal
  - Limited proliferative capacity
- Embryonic stem cells
  - Pluripotent Immortal
- Molecular modification
  - Gene editing (CRISPR, Micro-RNA, siRNA)
  - Immortalize, direct lineage, functional characteristics



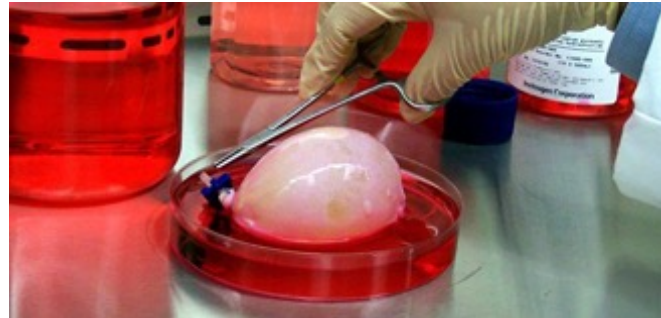
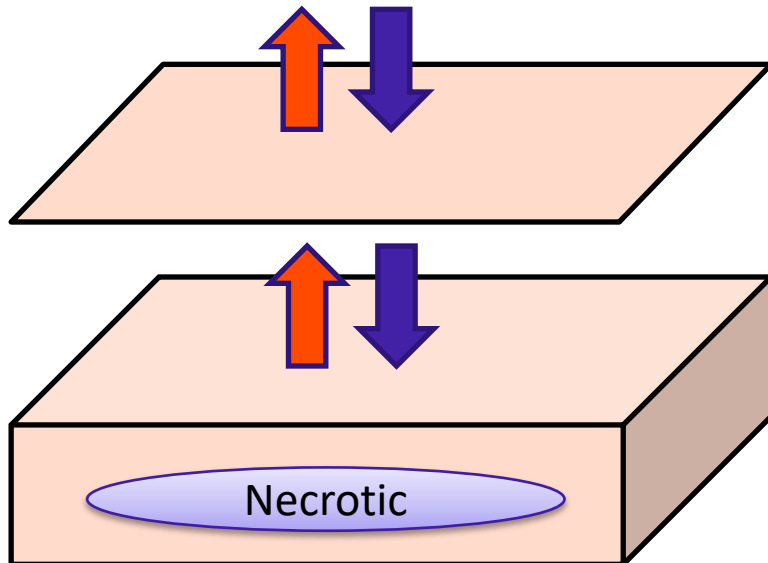
Graziella Messina, and Giulio Cossu *Genes Dev.* 2009;23:902-905



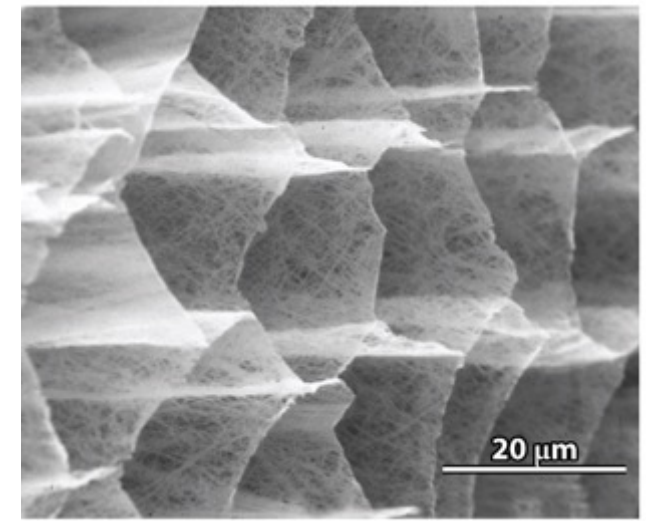


# Scaffolding

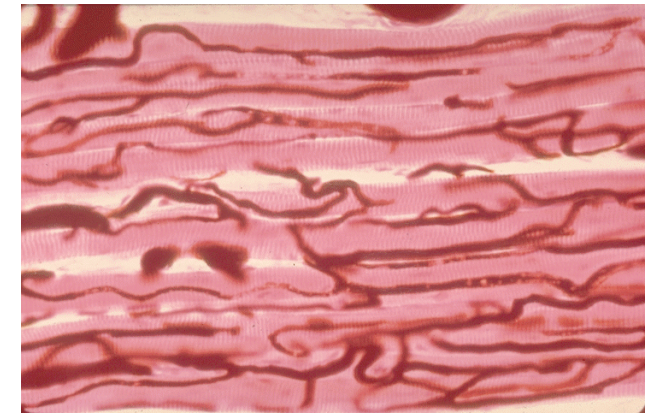
- Muscle is a dense tissue
  - Fibroblasts produce connective tissue harness
  - How to facilitate nutrient and exchange?
  - Concede structure?



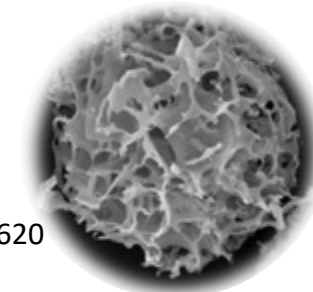
<https://www.newsweek.com/future-medicine-growing-new-organs-69037>



Purslow 2014. Annu Rev Food Sci Technol. 5:133-153



<http://udspace.udel.edu/handle/19716/2040>



Huang et al. 2018. Carbohydrate Polymers. 202:611-620  
<https://doi.org/10.1016/j.carbpol.2018.09.021>



# Classic Media

- Basal media
- Fetal Bovine Serum
- Antibiotics



List cost- \$656/l

## Dulbecco's Modified Eagle's Medium (DMEM)

### Inorganic Salts

- Calcium Chloride
- Ferric Nitrate • 9H<sub>2</sub>O
- Magnesium Sulfate (anhydrous)
- Potassium Chloride
- Sodium Bicarbonate
- Sodium Chloride
- Sodium Phosphate Monobasic (anhydrous)

### Vitamins

- Choline Chloride
- Folic Acid
- myo*-Inositol
- Niacinamide
- D-Pantothenic Acid (hemicalcium)
- Pyridoxal • HCl
- Pyridoxine • HCl

### Amino Acids

- L-Arginine • HCl
- L-Cystine • 2HCl
- Glycine
- L-Histidine • HCl • H<sub>2</sub>O
- L-Isoleucine
- L-Leucine
- L-Lysine • HCl
- L-Methionine
- L-Phenylalanine
- L-Serine
- L-Threonine
- L-Tryptophan
- L-Tyrosine • 2Na • 2H<sub>2</sub>O
- L-Valine

### Riboflavin

- Thiamine • HCl

### Other

- D-Glucose
- Phenol Red • Na
- Pyruvic Acid • Na

### Add

- L-Glutamine



**Cell cultured meat is  
biologically feasible**

**The challenge is to  
attain economic  
feasibility**



New Age Meats

<https://www.businessinsider.com/taste-test-lab-grown-meat-sausage-cost-2018-11>



# Scale up

- Equipment
- Culture media needs to reduce cost
  - Serum-based media may be ~\$25/l
  - Serum-free media is \$100+/l
    - A liter of media  $\neq$  a kilogram (2.2 lbs) of meat
  - 80/20 ground beef- \$3.22/lb
  - Boneless ribeye steak- \$9.22/lb
  - Boneless/skinless chicken breast- \$2.51/lb
  - Center cut pork chops \$2.39/lb
  - Ground pork \$3.21





# Who should regulate lab cultured meat?

- Animal cell cultured food technology:
  - “Controlled growth of animal cells from livestock, poultry, fish, or other animals, their subsequent differentiation into various cell types, and their collection and processing into food”



<https://blogs.scientificamerican.com/observations/lab-grown-meat-is-on-the-way/>



# Who should regulate lab cultured meat?

- Currently, there is a memorandum of understanding between USDA and FDA
  - FDA
    - Pre-market/preproduction consultations
    - Oversees cell collection from animals, banking, and growth
    - Hands off legal authority to USDA at harvest
  - USDA-FSIS
    - Harvesting and processing
    - Mark of inspection
    - Labeling



<https://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm626117.htm>



# Who should regulate lab cultured meat?

- Both FDA and USDA have indicated they have received very little information from companies developing cultured meats
  - Will delay regulatory review and approval
- Research needed
  - Risks
  - Composition
  - Nutrition
  - Shelf-life
  - Functionality

Does FDA regulate culturing of meat from a pharmaceutical or food perspective?



# Environmental Impacts of Cultured Meat Production

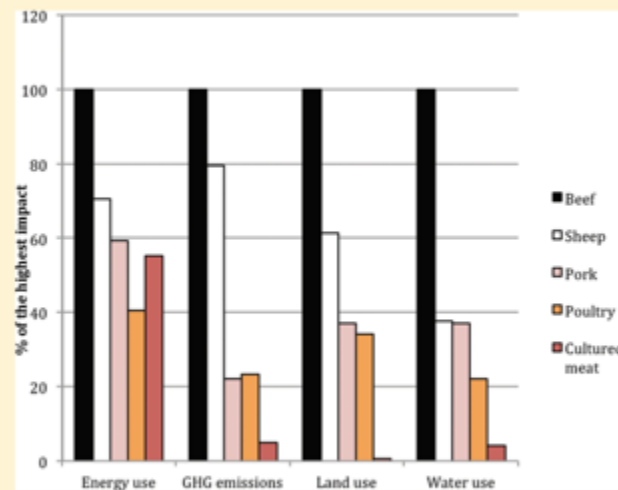
Hanna L. Tuomisto<sup>†,\*</sup> and M. Joost Teixeira de Mattos<sup>‡</sup>

<sup>†</sup>University of Oxford, Wildlife Conservation Research Unit, The Recanati-Kaplan Centre, Tubney House, Abingdon Road, Tubney, Oxon OX13 5QL, U.K.

<sup>‡</sup>University of Amsterdam, Swammerdam Institute for Life Sciences, Molecular Microbial Physiology Group, NL-1018 WV Amsterdam, Netherlands

**S** Supporting Information

**ABSTRACT:** Cultured meat (i.e., meat produced in vitro using tissue engineering techniques) is being developed as a potentially healthier and more efficient alternative to conventional meat. Life cycle assessment (LCA) research method was used for assessing environmental impacts of large-scale cultured meat production. Cyanobacteria hydrolysate was assumed to be used as the nutrient and energy source for muscle cell growth. The results showed that production of 1000 kg cultured meat requires 26–33 GJ energy, 367–521 m<sup>3</sup> water, 190–230 m<sup>2</sup> land, and emits 1900–2240 kg CO<sub>2</sub>-eq GHG emissions. In comparison to conventionally produced European meat, cultured meat involves approximately 7–45% lower energy use (only poultry has lower energy use), 78–96% lower GHG emissions, 99% lower land use, and 82–96% lower water use depending on the product compared. Despite high uncertainty, it is concluded that the overall environmental impacts of cultured meat production are substantially lower than those of conventionally produced meat.



Cultured meat has:  
7-45% lower energy use  
78-96% lower GHG emissions,  
99% lower land use  
82-96% lower water use

Compared to conventionally produced European meat





# Climate Impacts of Cultured Meat and Beef Cattle

*John Lynch\* and Raymond Pierrehumbert*

*Atmospheric, Oceanic, and Planetary Physics, Department of Physics, University of Oxford, Oxford, United Kingdom*

“We conclude that cultured meat is not prima facie climatically superior to cattle; its relative impact instead depends on the availability of decarbonized energy generation and the specific production systems that are realized.”

Front. Sustain. Food Syst., 19 February 2019

<https://doi.org/10.3389/fsufs.2019.00005>



# NEWS

## Science & Environment

### Cultured lab meat may make climate change worse

By Matt McGrath  
Environment correspondent

© 19 February 2019



Climate change



GETTY IMAGES

Growing meat in the laboratory may do more damage to the climate in the long run than meat from cattle, say scientists.

MATT SIMON SCIENCE 02.19.19 05:00 AM

## THE CONFOUNDING CLIMATE SCIENCE OF LAB-GROWN MEAT

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COMMENT



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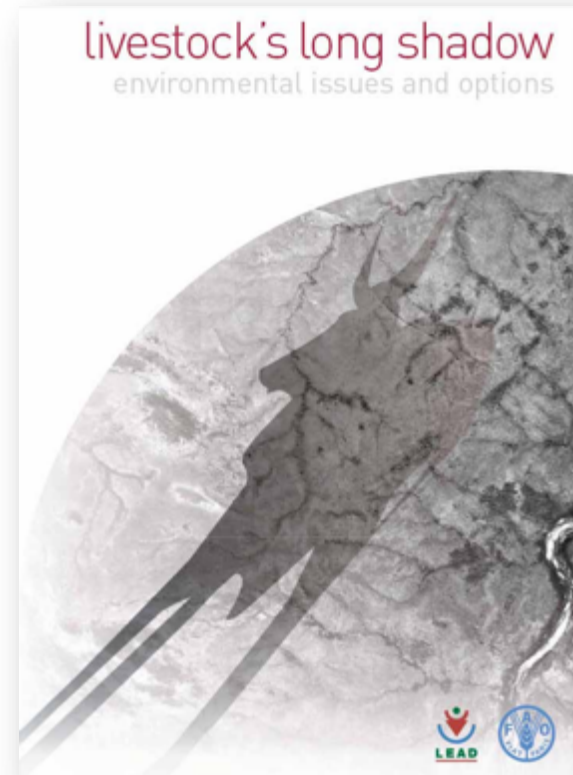
VICTOR DE SCHWANBERG/SCIENCE SOURCE

<https://www.wired.com/story/the-confounding-climate-science-of-lab-grown-meat/>

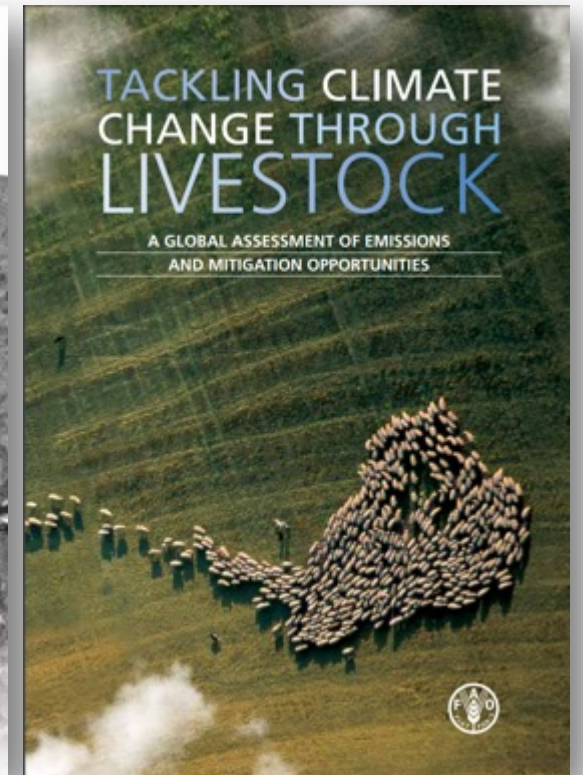


# What changed?

- Livestock numbers were refined
- More complete life cycle analysis on cell-based meat



2006



2013



# Who will eat it?

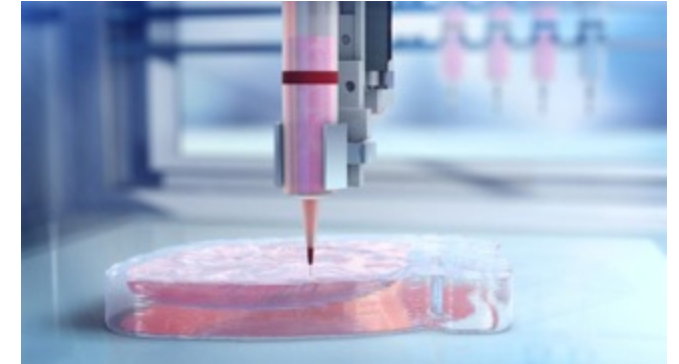
- Affordability?
  - Accepting of technology? → GMO, gene editing, lab culture
  - Vegan/Vegetarian??
  - Flexitarian?
- 
- Will that population be big enough to make a dent in the conventionally produced meat market?





# Predictions for the future

- Scalability?
- Price competitiveness will be a challenge
  - Will investors be patient?
    - Memphis meats- \$20 Million
- Evolution of regulations
- Marketing against the all-natural/unprocessed trend → niche
- Timeline?
  
- The end product will not look like what we currently imagine
- Potential for innovations to make big leaps or spin off into other applications



<https://www.globalbiotechinsights.com/articles/14683/towards-a-3d-printed-human-heart>





# Questions?

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